

# Melbourne Mornington Peninsula Hot Springs

## Revitalise Bath House Bathing

Flexible

### • KEY FACTS •



1. Bath House geothermal bathing
2. Unlimited access to over 70 bathing experiences
3. Bathing experience available from 5am to 11pm with specific arrival time confirmed when booking



1. Transport from/to hotels
2. Food & beverages not listed as Inclusions
3. Souvenirs
4. Travel Insurance
5. Any optional extra items (including but not limited to access Spa Dreaming Centre facilities / Private Bathing / Spa Package / Dining Package / Wellness Package / Robe, Locker & Towel Hire / experiences / photo packages) that are not included in the standard admission. All optional extra items are at own expense.

## How to get there

### • By Car

Peninsula Hot Springs is on the Mornington Peninsula, it takes approximately 90 minutes by car from Melbourne.

- There are street parking spaces available.
- Parking fees apply.

### • By Public Transport

- Please check the Public Transport Victoria timetables (<https://www.ptv.vic.gov.au/>) for more details to plan your trip.
- If traveling from Melbourne, board a Frankston line train to Frankston, then take the No.788 bus to Rye hotel where can catch an uber or taxi service. Alternatively can walk from Rye which takes approximately 1 hour and 10 minutes, please take care when walking as it is along a busy road with a high speed limit.

## Operating hours

Bath House Bathing (Daily)	05:00 - 23:00	Bathing concludes 15 minutes before closing time
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## Check-in requirements

Please ensure you arrive at the reception 15 minutes before your scheduled start time to allow enough time to check in. Regrettably, failure to arrive before this time will most likely be classified as no-show and result in forfeiting the booking and it cannot be refunded or transferred.

If you are not familiar with the area or travelling on a weekend or local public holidays / school holidays, please make sure you've checked your timetable or driving route beforehand, and allow extra travelling time for unexpected delays to ensure you do not miss your check in

## What to bring/wear

- Footwear: to reduce the risk of slips, recommend appropriate footwear around pools and any wet areas.
- Water bottle: recommend that bring your own plastic or stainless steel water bottle to drink from during your visit. There are ample water taps around to fill them up.
- Swimwear
- Sunscreen lotion
- Towels and robes

## Other info

### Child Policy:

- Children under 16 must be supervised by a paying adult is required at all times when children are bathing at Peninsula Hot Springs.

- Children are welcome to enjoy the family bathing area in the Bath House all day every day. After 10:00, the Bathing Gully and Hilltop pools are reserved for guests 16 years and older. Supervision by a paying adult is required at all times when children are bathing at Peninsula Hot Springs. Please also ensure toddlers wear aqua nappies.

Medical Conditions:

- People with any of the following medical conditions are recommended to not enter the pools before first obtaining medical advice:
  - High fever
  - Extreme hypertension
  - Malignant tumours and cancerous conditions
  - Liver, kidney and circulation disorders
  - Conditions presenting the high risk of haemorrhaging
  - Anaemic conditions
  - Congestive heart failure, recent stroke, or recent heart attack
  - Pregnancy
  - Diabetes
  - Broken skin wounds or skin ailments
- Guests may be asked to sign a waiver form that indicates guests have been informed of all the information.

General:

- Service Provider reserves the right to change prices and services without notice. This includes the closure of certain experiences and facilities due to guest capacity considerations, private events and facility maintenance requirements.
- Service Provider takes no responsibility for any items that are lost or stolen at the facility.
- Sometimes areas may need to be temporarily closed for maintenance, improvements or safety reasons. Please check with the Service Provider for updated information before purchasing.
- Please note that the mineral rich water in the pools may discolour light coloured bathers.
- Please leave the followings at home or in the car:
  - Valuables: recommend all valuables including jewellery are left at home or in one of the secured lockers. If wear jewellery in the pools, the mineral water may cause it to tarnish.
  - Inflatable devices: due to the size of the pools inflatable devices such as rings are not permitted in the bathing area. Safety devices such as arms bands are acceptable.
  - Pets: the safety of pet and the native environment is important. Therefore, please leave pets at home or with a friend or family member.
  - BYO Glassware and alcohol is not permitted at Peninsula Hot Springs.
- Please shower before entering the pools.
- Smoking, alcohol and glassware are not permitted in the bathing areas.
- Guests under the influence of alcohol or drugs may be refused to partake in their booking.
- Please be mindful when you take photos of other guests comfort and privacy around you. It is only allowed to take photos of your group, your immediate family, and your friends, whilst bathing.
- When bathing in the hot pools please take breaks every 15 minutes and drink water regularly.

For the most up-to-date Covid information, please refer to-  
<https://www.peninsulahotsprings.com/learn-how-peninsula-hot-springs-is-responding-to-covid-19-2/>

## Melbourne Mornington Peninsula Hot Springs Revitalise Bath House Bathing

This is an award-winning natural hot springs and day spa destination on the Mornington Peninsula, just 90 minutes from Melbourne. Natural thermal mineral waters flow into the pools and private baths at the coastal oasis, providing an idyllic setting for relaxation and rejuvenation.



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Drawing on the wisdom of many cultures, water has long been harnessed to encourage physical and emotional wellbeing. High in mineral content, water here is naturally heated by the earth's core and is estimated to be over 10,000 years old. Peninsula Hot Springs is a filtration hot spring with waters rising 637 metres from below the earth's surface. Magnesium, boron, potassium and sodium naturally occur in geothermal waters. Experience the healing benefits of these minerals including stress and blood pressure reduction, detoxification, rehabilitation of muscles and joints and sleep improvement.

## REVITALISE BATHING ADMISSION

Revitalise offers guests the opportunity to explore over 50 globally inspired bathing experiences in the Bath House at their leisure.

Experiences include thermal mineral spring pools, hilltop pool offering 360-degree views of the region, cave pool, Turkish steam bath, underground sauna, cold plunge pool, reflexology walk, massaging thermal showers, family bathing area, hydrojet lakeside pool and naturally landscaped bathing gully.

## BATH HOUSE EXPERIENCES

*Reference only, subject to change without notice*

- Cave Pool
- Aqua Therapy Pool
- Hilltop Pool
- Amphitheatre Pool
- Ice Cave and Deep Freeze
- Baby Barrels
- Amphitheatre Saunas
- Cold Plunge Pool
- Reflexology Walk
- Hydrojet Pool
- Turkish Hamam
- Underground Sauna
- Massaging Showers

## CONSIDERATIONS BEFORE YOU LEAVE HOME

- **No cash payments**  
All onsite payments will now be cashless, and where possible, contactless.
- **Appropriate swimwear**  
Swimsuits are required in the Bath House bathing area. The mineral-rich water may discolour swimwear.
- **Footwear required**  
To reduce the risk of slips, appropriate footwear is recommended around the pools and in wet areas.
- **Minimise valuables**  
Lockers are available for hire however it is recommended that you minimise the valuables that you bring during your visit.
- **Prams**  
Due to the layout of the Bath House bathing area, please leave your pram in your car.
- **Stay hydrated**  
Please take breaks regularly and stay hydrated during your visit.

*This product does not include robe/locker/towel hire, you can choose to book this product combined with **Robe/Locker/Towel Hire Package**.*

## • POLICY •

## Cancellation Policy

- If you cancel at least 7 day(s) in advance of the scheduled departure, there is no cancellation fee.
- If you cancel between 0 and 6 day(s) in advance of the scheduled departure, there is a 100 percent cancellation fee.
- If no show, no refund.



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